



Summer 2017

First name _____

Surname _____

First name _____

Surname _____

Name _____

Age (child 1) _____ DOB _____ M/F

Age (child 2) _____ DOB _____ M/F

Email _____

Mob no _____

Home no _____

Address _____

Post Code _____

Medical details or any information we should be aware of _____

How you heard about us _____

Mini Football Camp: £74.00 x _____

Main Football Camp: £80.00 x _____

Total enclosed £ _____ (Cash/cheque)

I am have paid £ _____ online

Date paid online _____

☺☺ 5% discount off the total amount for siblings

* Fees refundable less £20 deposit before Friday 23rd June

* Fees are non-refundable after Friday 23rd June

I give permission for my child to be photographed For CACL purposes only (please tick)

I understand the terms and conditions

Signed _____

Please complete form & send full payment to:

C.A.C.L. Office

28 Rowsley Road, Eastbourne, BN20 7XS

Please make cheques payable to C.A.C.L. COACHING.

WHY SEND YOUR CHILD TO C.A.C.L.?

- ✓ We look after over 100 young footballers each week at our C.A.C.L. Centre from all Schools and Football Clubs over Eastbourne.
- ✓ We offer superb facilities.
- ✓ Our Football Coaches are qualified or highly experienced players and are all CRB checked.
- ✓ Over 1000 F.A Soccer skills certificates have been awarded to C.A.C.L. players.
- ✓ All courses are geared to the age, ability and pace of the children.
- ✓ Our senior coaches hold F.A Sports Injuries Qualifications and First Aid Certificates.
- ✓ C.A.C.L. has run football camps in Eastbourne for 32 years.
- ✓ Clubs from all over Eastbourne and surrounding areas send their children to C.A.C.L. because our aim is to provide the best possible coaching environment for all players.

We are also running a Summer Gym Camp alongside the Football Camp at The University of Brighton

For further info contact

C.A.C.L. SPORTS CAMPS

CACL Office: 28 Rowsley Road, Eastbourne, East Sussex, BN20 7XS

01323 730467

info@caclsports.co.uk

www.caclsports.co.uk



C.A.C.L.
SPORTS

Established in 1980



C.A.C.L.

FOOTBALL
CAMPS

SUMMER 2017

MAIN & MINI FOOTBALL CAMPS
For boys & girls age 4 – 12* years

Monday 24th – Thursday 27th July
9.30am – 12.30pm (Mini)
1pm (Main)

AT THE UNIVERSITY OF BRIGHTON
SPORT CENTRE, DENTON ROAD,
EASTBOURNE, BN20 7SR



We are proud of our reputation. C.A.C.L. coaches children throughout the year at the University of Brighton Sports Centre, Eastbourne. We have organised and managed sports camps in Eastbourne for over 33 years and look after 500 children during our weekly sessions.



MINI SUMMER FOOTBALL CAMP

For boys & girls
(4 yrs. Reception. School Year 1 & Year 2)

About C.A.C.L. Mini Football Camp

Our Mini Football Camp is designed to give the children lots of fun, encouraging coordination and development through working with the ball together with fun, small sided games. We have special mini goals, mini pitches and mini equipment perfect for our youngsters. Our staff are enthusiastic and sensitive to the needs of each child and as always, our aim is for the children to really enjoy themselves in a safe and friendly environment.



C.A.C.L. Football Specific Award Scheme:

Footballers will be taking part in this award scheme which is fun but progressive in all aspects of individual ball control ranging from elementary to advanced, depending on ability & any previous awards achieved.

Fun Competitions!

The sessions will be broken up with small, fun competitions such as



penalty-prize & target shooting to keep them bubbling during the week!



Memorabilia!

Each Mini will receive a badge of achievement, a certificate, a light-weight plastic football, a Camp kit bag and group photo to take home!

MAIN SUMMER FOOTBALL CAMP

For boys & girls
(School Year 3,4,5,6 & 7*)

RECREATIONAL & ADVANCED LEVEL

About C.A.C.L. Main Football Camp

The sessions consist of small games, coaching individual skills & techniques; indoor football 6-a-side matches.



The week will also include competitions & tournaments where they can try their newly acquired skills on their fellow campers! The camp will provide a safe, encouraging & structured environment for children. They will have the opportunity to improve their football, grow in skill level, understanding & confidence whilst having fun & making new friends.



Camp Director

Chris Pinch - experience includes: FA Centre director: Centre of Excellence coach: Assistant coach at England U15: Spurs scout: Sussex schoolboys: FA coaching & FA Sports injuries qualifications.



- ✓ **Superb facilities- indoor & outdoor football**
- ✓ **Qualified coaches or highly experienced players**
- ✓ **Your own achievement medal, certificate, leather football, camp T-Shirt**
- ✓ **Special C.A.C.L. Advanced Skills Certificates**
- ✓ **Competitions – penalty prize, 1v1, shoot-out, heading & volleying**

CAMP QUESTIONS?

When?

Mon 24th – Thurs 27th July
9.30am – 12.30pm: Mini Camp
9.30am-1.00pm: Main Camp

Where?

The University of Brighton Sports Centre, Denton Road, Eastbourne. BN20 7SR. The facilities at the venue are fantastic, consisting of a double sized indoor sports hall & a superb Astro Turf.



How much does it cost?

Mini Camp: £74.00

Main Camp: £80.00

(Includes a football, a C.A.C.L. Camp kit bag and group photo)

Presentation & Awards

Mini Footballers will be working towards progressive 'Football Specific Award Scheme' & Main Footballers will be working towards the 'Skill of the Week' award. **Family & friends are invited to watch the presentation on the last camp day (Thurs 27th July) at 12.15 noon.**

What should I bring?

- ✓ Football kit or shorts & Tshirt
- ✓ Warm Clothing
- ✓ Astro Boots or football boots for outdoors
- ✓ Trainers for indoors if you are bringing studded boots
- ✓ Hat and Sun cream
- ✓ Small towel
- ✓ Substantial healthy energy Snack/fruit & a large, non fizzy drink in a water bottle



We are also running a Summer Gym Camp. Please let us know if you would like further details!

If you wish to attend the camp please fill out the form, enclosing the full cost of the camp to:

C.A.C.L. Coaching
28 Rowsley Road, Eastbourne,
East Sussex, BN20 7XS