

C.A.C.L. TERM FOOTBALL CAMP 2017

For Boys & Girls Reception Year -13 yrs old

Monday 23rd, Tuesday 24th & Wednesday 25th October 2017

9:15am – 12:15pm

St. Andrew's Prep. Pitches, Wellcombe Crescent Eastbourne, East Sussex, BN20 7XW

C.A.C.L. Office: c/o 28 Rowsley Road, Eastbourne, BN20 7XS / Tel: 01323 730467 / Email: info@caclsports.co.uk

MINI CAMP Reception Year-7yrs

- ✓ FUN WARM-UP ACTIVITIES
- ✓ MAKING FRIENDS
- ✓ STRUCTURED BALL PLAY
- ✓ SMALL-SIDED GAMES
- ✓ TARGET SHOOTING



MAIN CAMP 8-13yrs

- ✓ SKILLS AND TECHNIQUE
- ✓ MATCH-PLAY
- ✓ 7-A-SIDE
- ✓ 5-A-SIDE INDOOR FOOTBALL
- ✓ FUTSAL COMPETITIONS
- ✓ PENALTY SHOOT OUTS

ABOUT THE C.A.C.L. HALF TERM FOOTBALL CAMP

Our three day C.A.C.L. football camp is designed to give our younger players lots of enjoyment, whilst encouraging co-ordination & development through working with the ball, together with a variety of fun activities & small sided games.

At St. Andrew's Prep School in Meads, we will be training on grass pitches & we will also be using the superb new Sports Hall. We have excellent equipment & will be using special mini goals, mini pitches & plenty of other specific equipment perfect for our youngsters.



For our older players we will provide the opportunity to improve their football, grow in skill level, and develop their understanding of the game & encouraging confidence. We will also be concentrating on the importance and positivity of team work. There will be small sided games, coaching of individual skills & techniques, penalty shoot-out competitions, indoor 6-a-side matches & more.

WHY SEND YOUR CHILD TO C.A.C.L.?

- ✓ We coach over 500 children each week at C.A.C.L. from schools over Eastbourne and surrounding areas.
- ✓ We have been running sports camps in Eastbourne for over 37 years.
- ✓ We offer superb facilities in a safe, professional & friendly environment.
- ✓ Our Coaches have a strong reputation for being friendly, enthusiastic & sensitive to the needs of each child.
- ✓ Our Coaches are qualified or highly experienced players themselves and are all CRB checked.
- ✓ All courses and activities are geared to the age, ability and pace of the children.
- ✓ Our Senior Coaches are qualified in First Aid.
- ✓ Parents and clubs from all over Eastbourne and surrounding areas send their children to C.A.C.L. because our aim is to provide the best possible coaching environment for all players.

If you would like to book a place for your child/ren on our Half Term Football Camp please complete the booking form overleaf and return with full payment by cheque or cash by post or drop through the office door.

The office is open from 10am-3pm Tuesday, Wednesday and Thursday during term time.