

# CAMP QUESTIONS?

**When?** Mon 19<sup>th</sup> & Tues 20<sup>th</sup> Dec 2011 from 9.30am – 1pm each morning.

**Where?** The University of Brighton Sports Centre, Denton Road, Eastbourne, BN20 7SR.

The facilities at the venue are fantastic, consisting of a double sized indoor sports hall & a superb Astro Turf for the Football Camp and two excellently equipped gymnasiums for the Gym Camp.

**How much does it cost?** The two day camp costs £29.50. *\*We are offering a discount at £25.00 per child, per camp for bookings of 2 or more children\*.*

**What does 'without the trimmings' mean?!** We will not be providing T shirts; footballs, certificates or awards as we do for our regular Easter & Summer Camps due to the short length of the camps. The Christmas Camps are simply two mornings for footballers and gymnasts to have fun in a safe and professional environment whilst enjoying their football and gymnastics and improving their skills!

**Do Parents Have to Stay?** No. We ask that you bring your child to the camp and wait in the University foyer until an official C.A.C.L. Coach has registered them. Please ensure you are at the venue on time to pick them up at 1pm. If somebody else is dropping off/picking up your child please supply us with the name of the designated person responsible. Thank you.

**What should I bring/wear?**

**Football Camp:**

- ✓ Football kit or shorts & Tshirt
  - ✓ Warm Clothing – tracksuit/jogging bottoms/hoodie
  - ✓ Astro Boots; football boots or trainers
  - ✓ Substantial healthy energy snack/fruit
  - ✓ Non-fizzy drink in a sports bottle
- (We will provide extra squash and water)

**Gym Camp:**

- ✓ Shorts/leggings/ T shirt
  - ✓ Warm Clothing–tracksuit/jogging bottoms/hoodie
  - ✓ Gymnasts will work in bare feet
  - ✓ Substantial healthy energy snack/fruit
  - ✓ Non-fizzy drink in a sports bottle
- (We will provide extra squash and water)



## C.A.C.L. CHRISTMAS CAMP BOOKING FORM

Name:	Sex: M/F	Age:	DOB:
Camp: Football / Gym	School:		
Name:	Sex: M/F	Age:	DOB:
Camp: Football / Gym	School:		
Address:			
Post Code:	Email:		
Contact name/no's (home):	Mobile:		
Medical Details/allergies:			

Please tick your choice:

I enclose cash/cheque for the Football Camp  £29.50

I enclose cash/cheque for the Gym Camp  £29.50

I am enrolling \*2 or more children at a discounted cost of £25.00 per child\*  Football Camp x \_\_\_\_ / Gym Camp x \_\_\_\_

TOTAL ENCLOSED £\_\_\_\_\_ cash/cheque (if cash please hand deliver to the address below)

I am a C.A.C.L. Gym Member Y / N

I am a C.A.C.L. Football Member Y / N

I have attended a C.A.C.L. Camp before Y / N

I would like to be sent details on the C.A.C.L. Easter Football & Gym Camps (Mon 2nd – Thurs 5<sup>th</sup> April 2012) Y / N

I would like to be sent details on the C.A.C.L. Summer Football & Gym Camps (Mon 23<sup>rd</sup> - Fri27th July 2012) Y / N

Name{Parent/Guardian} \_\_\_\_\_ Signature \_\_\_\_\_

Please call us to inform us of your booking on 01323 730467 or email [info@caclsports.co.uk](mailto:info@caclsports.co.uk) & send the completed booking form with a cheque enclosed to:

C.A.C.L. c/o 28 Rowsley Road, Eastbourne, BN20 7XS and call us to inform us of your booking on 01323 730467.

We also have the facility to pay by credit card through PaySubs Online (£3.95% + 50p charge per total booking). Please contact our office on the number above if you wish to pay this way.