

C.A.C.L. SUMMER FOOTBALL CAMPS 2011

NAME(S) _____

MALE/FEMALE

MALE/FEMALE

ADDRESS _____

POSTCODE _____

AGE DOB SCHOOL _____

EMAIL _____

CONTACT NUMBERS
{Home} _____

{Work/Mobile} _____

MEDICAL DETAILS _____

Please tick your choice:

Mini Football Camp £66.00
Mini Camp Award Pack (see leaflet) £6.00

Main Football Camp £71.00
Main Camp Award Pack (see leaflet) £7.00

We are offering a 5% discount off total booking cost (not including Award Pack) for family bookings

I enclose a £10.00 non-returnable deposit (per child) to secure a place

I enclose the full cost for the camp

I attended Easter 11 camp and enclose full discounted cost

I enclose full cost plus Award Pack

I have attended a C.A.C.L. Camp before Yes / No
Previous 'Football Specific Award' achieved if known:
Please circle: Black 1/2/3/4 Red 1/2/3/4

Name{Parent/Guardian} _____

Signature _____

For more details contact 01323 730467
or visit www.caclsports.co.uk

WHY SEND YOUR CHILD TO C.A.C.L.?

- ✓ We look after over 100 young footballers each week at our C.A.C.L. Centre from all Schools and Football Clubs over Eastbourne.
- ✓ We offer superb facilities.
- ✓ Our Football Coaches are qualified or highly experienced players and are all CRB checked.
- ✓ Over 1000 F.A Soccer skills certificates have been awarded to C.A.C.L. players.
- ✓ All courses are geared to the age, ability and pace of the children.
- ✓ Our senior coaches hold F.A Sports Injuries Qualifications and First Aid Certificates.
- ✓ C.A.C.L. has run football camps in Eastbourne for 30 years.
- ✓ Clubs from all over Eastbourne and surrounding areas send their children to C.A.C.L. because our aim is to provide the best possible coaching environment for all players.

We are also running a C.A.C.L. Summer Gym Camp. Please let us know if you would like details.

C.A.C.L. FOOTBALL CAMPS

C/o 28 Rowsley Road, Eastbourne,
East Sussex, BN20 7XS

Tel: 01323 730467



C.A.C.L. SUMMER FOOTBALL CAMPS 2011

MAIN AND MINI CAMPS AGE 4-14 YEARS

Monday 25th – Friday 29th July

AT THE UNIVERSITY OF BRIGHTON SPORTS CENTRE, DENTON ROAD, EASTBOURNE, BN20 7SR



We are proud of our reputation. C.A.C.L. coaches children of Eastbourne throughout the year at the University of Brighton Sports Centre. We have organised and managed over 50 Sports Camps and numerous coaching courses. We have also run our own Sports and Movement Centre looking after 500 children weekly in the Eastbourne area.



MINI SUMMER FOOTBALL CAMP

FOR BOYS AND GIRLS 4-7 YEARS

About C.A.C.L. Mini Football Camp

Our Mini Football Camp is designed to give the children lots of fun, encouraging coordination and development through working with the ball together with fun, small sided games. We have special mini goals, mini pitches and mini equipment perfect for boys & girls 4-7 yrs. Our staff are enthusiastic and sensitive to the needs of each child and as always, our aim is for the children to really enjoy themselves in a safe and friendly environment.



C.A.C.L. Football Specific Award Scheme:

Footballers will be taking part in this award scheme which is fun but progressive in all aspects of individual ball control ranging from elementary to advanced, depending on ability & any previous awards achieved.

Fun Competitions

The sessions will be broken up with small, fun competitions such as



penalty-prize & target shooting to keep them bubbling during the week!



Memorabilia!

Each Mini will receive a certificate, a free light-weight plastic football and a Camp T-shirt to take home!



MAIN SUMMER FOOTBALL CAMP

FOR BOYS AND GIRLS AGED 8-14 YEARS
RECREATIONAL & ADVANCED

About C.A.C.L. Main Football Camp

The sessions consist of small games, coaching individual skills & techniques; indoor football 6-a-side matches.

The week will also include competitions & tournaments where they can try their newly acquired skills on their fellow campers! The camp will provide a safe, encouraging & structured environment for children. They will have the opportunity to improve their football, grow in skill level, understanding & confidence whilst having fun & making new friends.



- ✓ **Superb facilities-indoor & outdoor football**
- ✓ **Qualified coaches or highly experienced players**
- ✓ **Your own leather football & T-Shirt**
- ✓ **Special C.A.C.L. Advanced Skills Certificates**
- ✓ **Competitions – penalty prize, 1v1, shoot-out, heading & volleying**



Camp Director

Chris Pinch - experience includes: FA Centre director: Centre of Excellence coach: Assistant coach at England U15: Spurs scout: Sussex schoolboys: FA coaching & FA Sports injuries qualifications.

CAMP QUESTIONS?

When?

Monday 25th-Friday 29th July
9.30am – 12.30pm: Mini Camp
9.30am-1.00pm: Main Camp



Where?

The University of Brighton Sports Centre, Denton Road, Eastbourne. BN20 7SR. The facilities at the venue are fantastic, consisting of a double sized indoor sports hall & a superb Astro Turf.

How much does it cost?

Mini Camp £66.00

Main Camp £71.00

(Includes a football and a C.A.C.L. Camp T-shirt)

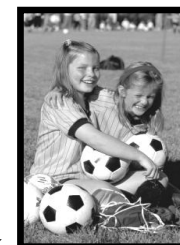
We are offering 5% sibling discount off camp cost

Presentation & Awards

Mini Footballers will be working towards progressive 'Football Specific Award Scheme' & Main Footballers will be working towards the 'Skill of the Week' award. Award Packs will include certificates; group photo & cloth badge (Main) or medal (Main) which they have achieved. Award Packs are **£6 (Mini)** or **£7 (Main)**. If you do not wish to purchase a pack your child will still be presented with a certificate of attendance. **Family & friends are invited to watch the presentation on Friday 29th at 12noon.**

What should I bring?

- ✓ Football kit or shorts & Tshirt
- ✓ Warm Clothing
- ✓ Astro Boots; football boots or trainers
- ✓ Hat and Sun cream
- ✓ Small towel
- ✓ Healthy energy snack & a drink (We will provide extra squash and water)



If you wish to attend either camp please fill out the form, enclosing a £10.00 non-returnable deposit (per child) or full cost of the camp to:

C.A.C.L. Coaching
28 Rowsley Road, Eastbourne,
East Sussex, BN20 7XS
01323 730467